
HOLISTIC PERSONALISED CARE IN THE COMMUNITY

5 DECEMBER 2019

ten kerselaere
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AGENDA

- Welcome
- CASCADE-model
 - Implementation by UK-partners
 - Implementation model in Ten Kerselaere
 - Re-inforeced by TICC-project
 - Life as it is in house 5 and 6
 - Music therapy
- Tourism for people living with dementia
- Questions?
- Closing in centre

INTERREG 2 SEAS CASCADE PROJECT 2019.12.05

LEENTJE DE WACHTER (PP7)

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THE CASCADE MODEL: DEMO VIDEO



The CASCADE MODEL

promotes a strengths based approach
to holistic person centred care to maximise independence and quality of life
for people living with dementia in the community

FIVE FUNDAMENTALS



SIX COMPONENTS

home

meaningful leisure activities

supporting a person's journey through integrated working

lifelong learning for everyone

sustainable business model

technology

personalised holistic care in the community

strengths based approach

living life to the full

positive public perception

safe environment for independent living

Icons made by [Freepik](#) from [www.flaticon.com](#)

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THE CASCADE MODEL

NEW FACILITIES IN THE UNITED KINGDOM



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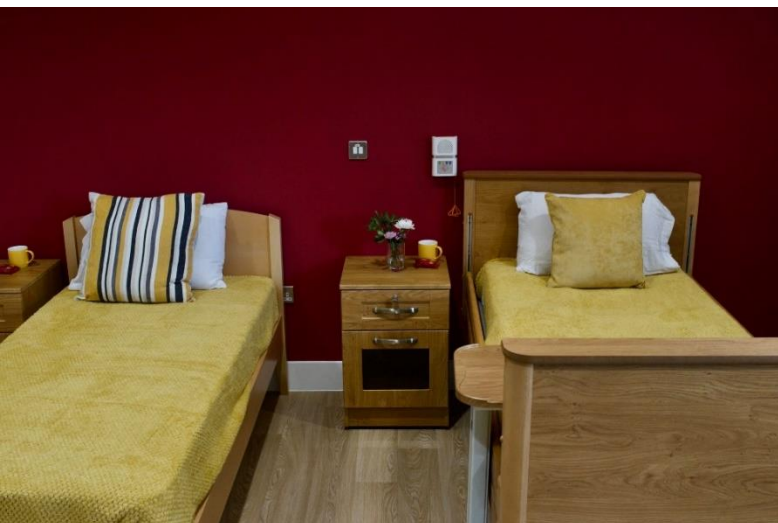
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NEW FACILITIES IN THE UNITED KINGDOM



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NEW FACILITIES IN THE UNITED KINGDOM



The Harmonia Village at Dover @HarmoniaAtDover · 25 nov.

A quick visit to Harmony House this morning (one of our [#CASCADEEU](#) project partners). Harmony House provides their guests with personally tailored support that meets their individual needs. Find out more here: harmony-house.net/home 🇬🇧 🍷 🍰 🧑



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↻ The Harmonia Village at Dover heeft geretweet



East Kent Hospitals @EKHUFT · 22 nov.

Carrie was appointed manager of [@HarmoniaAtDover](#) after sharing her vision that the community should be welcoming, familiar and comforting, like a cup of tea.

Due to open next month, more information can be found here:
ekhufft.nhs.uk/patients-and-v...

#Dementia



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[illegible]

Changing the way we live with dementia

We are recruiting

Care staff
Nursing

Catering Volunteers
Housekeeping



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Call **01227 866405** or search "Harmonia" at **www.jobs.nhs.uk**

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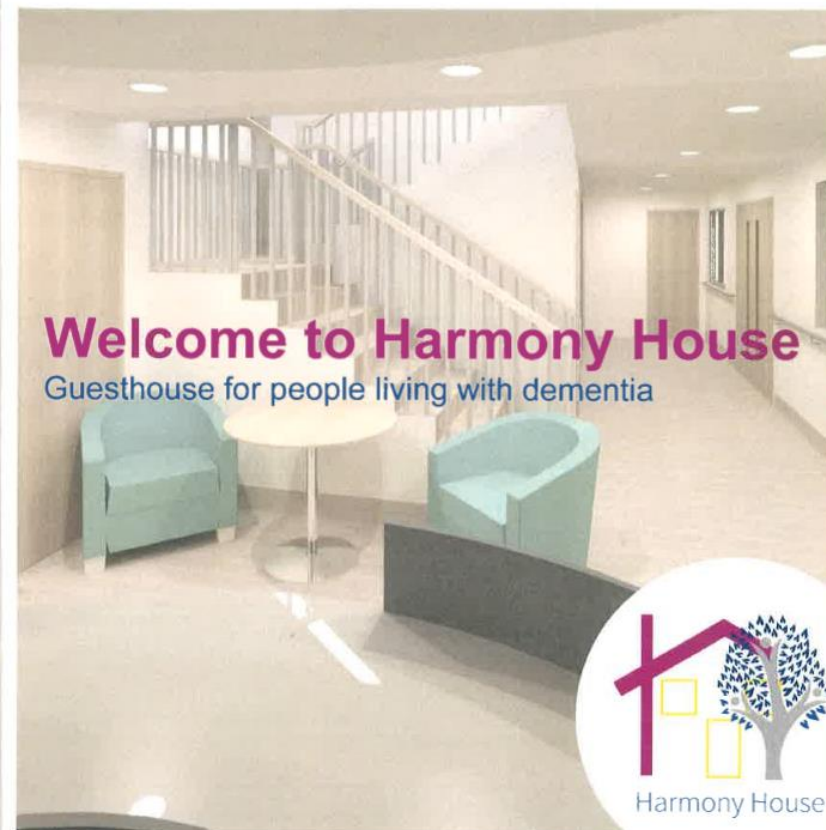


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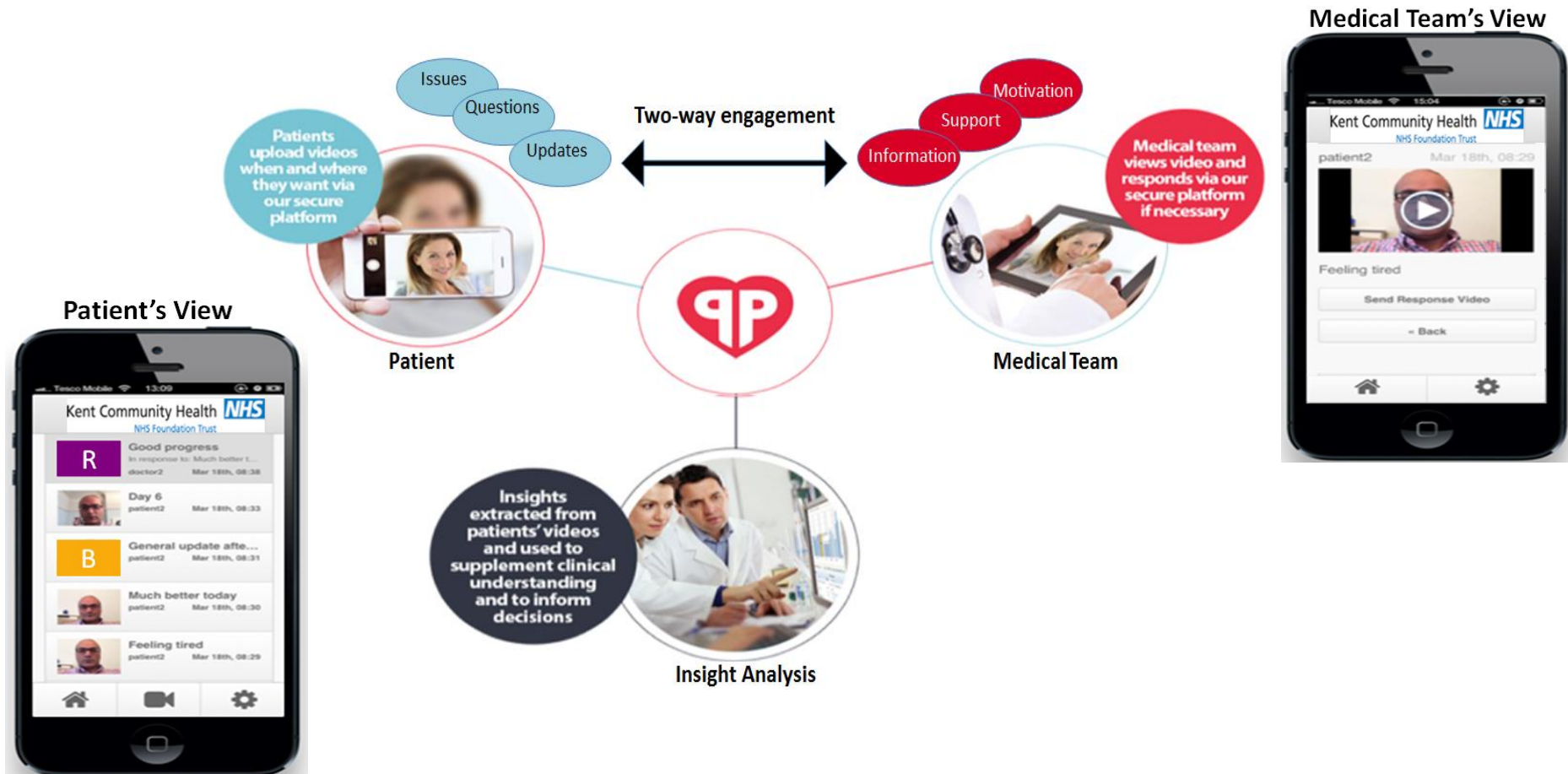
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TECHONOLGY IN THE NEW FACILITIES IN THE UK



IMPLEMENTATION CASCADE-MODEL IN TEN KERSELAERE

SABINE VAN HOUDT

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TEN KERSELAERE

- Concept “small scale normalised living”
 - Living like you live at home
 - Focus: living, well-being, care

→ Translated into

- Our vision
- Our organisational model
- Our architecture

TEN KERSELAERE - VISION

Through a transparent communication and **in dialogue** with the elderly design a **care program, personalised** to their needs and requirements, with particular attention to the most vulnerable. Firmly **anchored** in the local and wider environment by working actively with various care partners in a network.



TEN KERSELAERE - VISION

- A personalised care program
 - Start with question from elderly
 - Support home care
 - Services
 - Service cheques
 - Two Day care centre
 - Short stay relief
 - 36 houses for assisted living
 - Local service centre offering services and activities
 - Multidisciplinary team meeting at home



TEN KERSELAERE - VISION

- In dialogue
 - Participation of elderly
 - Multidisciplinary meeting at home of the elderly
 - Meeting 6 weeks after admission
 - Multidisciplinary team meeting (after 4-6 months)
 - Resident, family, GP, nurse, attention person
 - Advanced care planning
 - User council (4 times a year)

TEN KERSELAERE - VISION

- Anchored in the neighborhood



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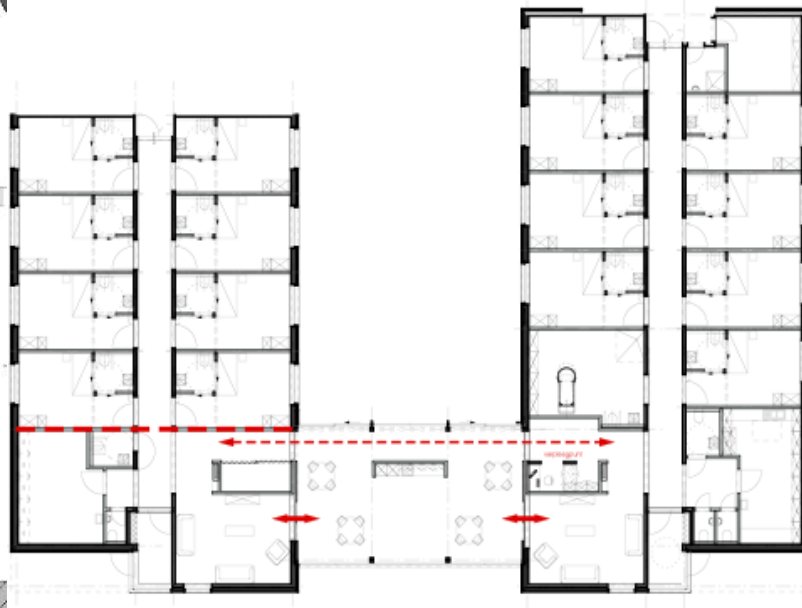
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TEN KERSELAERE – ORGANISATIONAL MODEL AND ARCHITECTURE

WOON- EN ZORGHUIS TEN KERSELAERE
VERVANGINGSNIEUWBOUW



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CASCADE-MODEL: IMPLEMENTATION

- Methods
 - Exchange good practices between project partners
 - Critical reflection
 - Actions
 - Training
 - Other way of organising care



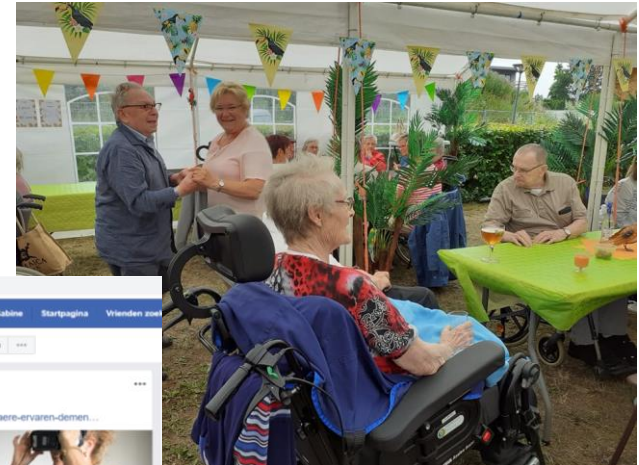
CASCADE-MODEL: IMPLEMENTATION

- Strengths based approach



CASCADE-MODEL: IMPLEMENTATION

- Personalised holistic care in the community



Music Therapy

CASCADE-MODEL: IMPLEMENTATION

- Living life to the full



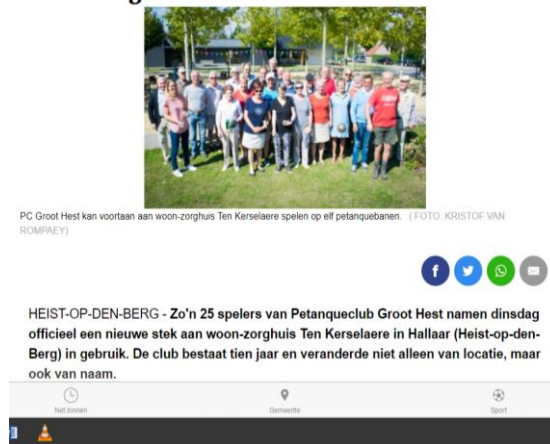
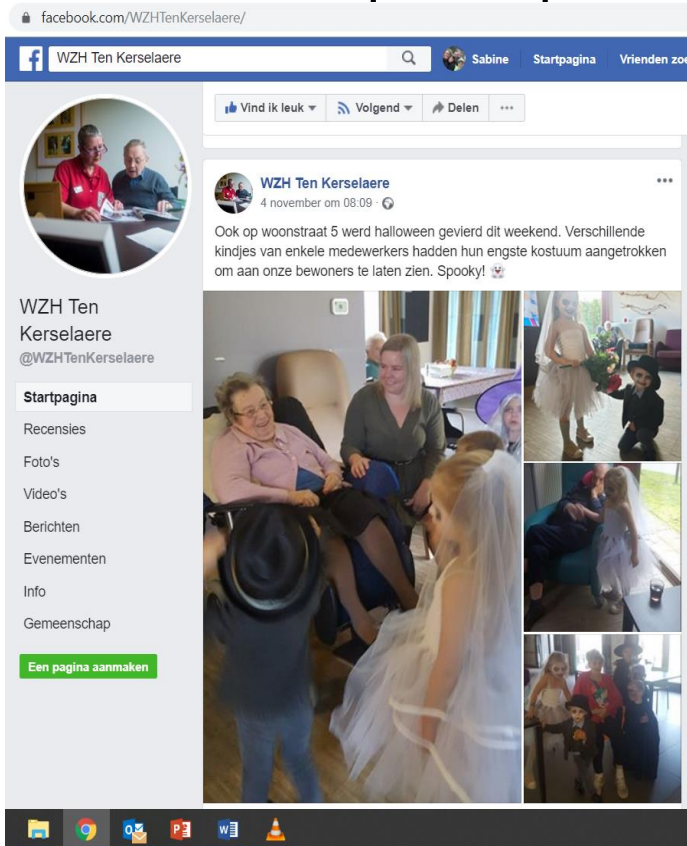
CASCADE-MODEL: IMPLEMENTATION

- Safe environment for independent living



CASCADE-MODEL: IMPLEMENTATION

■ Positive public perception



OTHER WAY OF ORGANISING WORK: TICC-PROJECT

Explore new care model, inspired by Buurtzorg

- Care:
 - personalised holistic care in the community
- Organisation
 - Small self-steering teams → improve work live balance and satisfaction staff and residents



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CHANGES TEAM

- 1 team → 3 teams:
 - 1 team of care officers and housewives for each house (2)
 - 1 team of nurses
- + Occupational therapist, music therapist, physiotherapist
- Roles: planner, innovator, mentor, home-maker, ...
- Teammeeting and WenZ-meeting
- Head → coach

IMPACT CHANGES: EXAMPLES FOCUSGROUP

- Team
 - More communication between teammembers
 - More initiative
- Staffmember
 - More involved
 - Feeling part of a team, supported by the team
- Person living with dementia
 - Adjusted care, eg re-organising meals
 - Decreasing medication errors
 - Creating time for residents, eg walk



MUSIC THERAPY

SOFIE VAN ROMAËY

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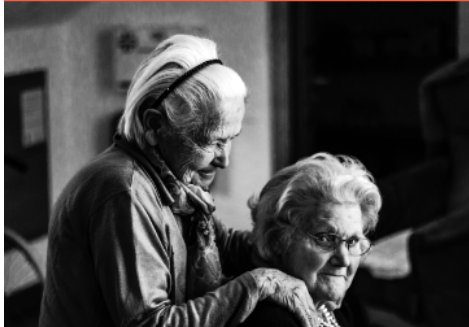


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MUSIC THERAPY

and persons with
dementia



Music therapy is used on many different domains. Music can facilitate communication, relationships and expression in order to meet physical, emotional, mental, social and cognitive needs.

Music therapy and dementia



Relaxation



Communication



Physical stimulation



Emotional stimulation



Interaction



Social stimulation



Cognitive stimulation



Identity

MUSIC AS MEDIUM

Music is something of everyday and of every time. Through music we can find ways to meet each other on another level. The value of music therapy is that we're offering another medium to meet the person behind the dementia.



It's not what you do, but
the way you do it'

David Aldridge



Out of isolation



Relationship



Communication



Connection



Expression



Interaction

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LISTENING



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H.Hart
Zorggroep

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TOURISM FOR PEOPLE LIVING WITH DEMENTIA



LEGISLATION

- What do we encounter?
 - Flemish legislation does not allow to combine care and tourism
 - Tourism Flanders: focus on physical dissability
- How did we solve this?
 - Admission by Tourism Flanders
 - Tourism accommodation



CHALLENGES

- Raise awareness among local traders
 - in collaboration with 'Toerisme Leiestreek' ar
 - brochure and manifest dementia-friendly leis
- threshold-lowering, so that people with dementia c
 - Test persons 5, 6 and 7 December
 - Interview/article in local and national press

Waarom is
dementie-
vriendelijkheid
noodzakelijk?

Een dementievriendelijke omgeving is voor elke persoon met dementie van belang. Het zorgt ervoor dat mensen met dementie zich veilig voelen en dat ze hun leven zo goed mogelijk kunnen leiden.

Wat is belangrijk dat in het eigen huis en in de omgeving? Het is belangrijk dat mensen met dementie zich veilig voelen en dat ze hun leven zo goed mogelijk kunnen leiden.

Contactgegevens bij
verdere interesse

VRIJ De Wier
Lippenstraat 2, 8511 Jubbila
dementievriendelijk.be

Expertisecentrum Dementie Sophia
Dordrecht, 2611 Krompt
dementievriendelijk.be

Het Verhaal
Dordrecht, 2611 Krompt
dementievriendelijk.be

Praktijkgericht en dementie-
vriendelijk
Hogeschool Vrije Universiteit
dementievriendelijk.be

Dementie-
vriendelijk

Horeca en hotels (meer) toegankelijk maken voor mensen met dementie. Hoe pakken we dit samen het best aan?

HORECA

De plekken waar we vaak samen met dementie
en het tegengestelde zijn te zien.

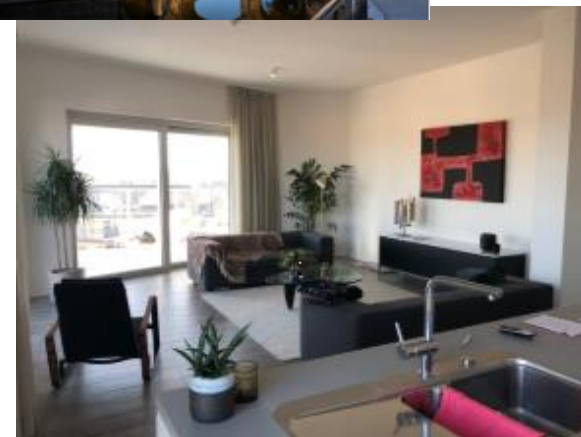
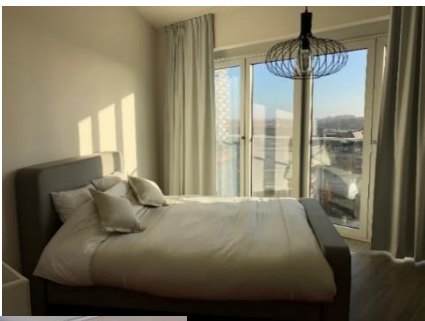


ADDED VALUE FOR PEOPLE WITH DEMENTIA

- We offer persons with dementia and their caregiver the opportunity to come on holiday within our residence Budalys.
- We offer them:
 - A luxurious and fully equipped apartment with hotel service
 - Proximity to care, customized formula according to needs of the person with dementia
 - possibility to participate in internal activities
 - numerous tourist options in the middle of a bustling city

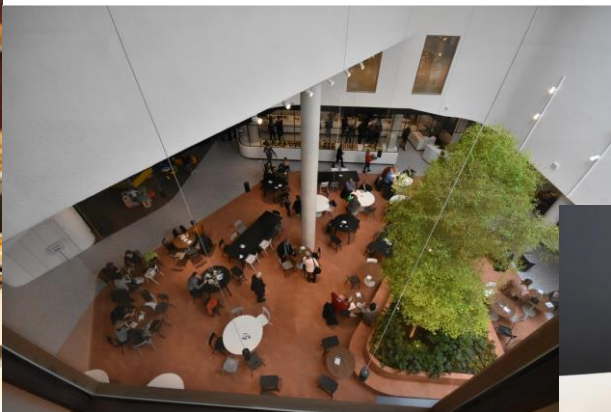


ACCOMODATION - ROOM



PROVISION FOR MEALS

Plenty of choice



LEISURE ACTIVITIES



Musi Moov
choir
visit a flax
museum with
a specially
trained guide
to show
people with
dementia

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Hippotherapy Bissegem



Drums Alive



play billiards



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MORE INFORMATION

<https://www.dementie.be/themas/cascade/toerisme-voor-persoon-die-leven-met-dementie/>



QUESTIONS?

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